

kroh

LIP BLUSHING AFTERCARE

for Your Most Beautiful Natural
Lip Color Ever.

DAY 1:

The lip area is very sensitive. Your lips will be a bit swollen, and have possible redness around them. This may last up to 24 hours. Your skin will start slowly releasing lymph fluid right after your procedure. This is a very common part of the healing process. Wipe your lips with the distilled water provided, every 30 minutes, until you run out. Before bed, apply the aftercare balm from your kit to your lips, using clean fingers or a q-tip.

Your lip color will look the most vibrant today. This will subside and become softer as the skin heals. This process can take up to 7-10 days. Sometimes light bruises may occur, even after the procedure is over. It is normal and will disappear after 24 hours.

DAYS 2 - 6:

Your lips will feel chapped and tight. Apply my aftercare 6 times a day. It's ok for lips to slightly dry out between applications. The lips may still be swollen today. Make sure you keep them moisturized with the aftercare provided (DO NOT apply ice - this will cause bruising).

DAYS 3 - 7:

Keep moisturizing with the aftercare as needed. Some light flaking or peeling may occur - this is normal. Patience is key. Do not pick! After a few weeks, you will see the actual healed results from your session.

Please follow these tips:

- Use a straw to drink liquids
- Avoid steam, sun, soaking in water, swimming, sauna, etc.
- When lips peel, don't pick or rub.
- Use the aftercare in your kit, and let skin shed naturally.
- During the first 4 weeks post procedure, refrain from using exfoliants, acids, retinol.
- Your true color will appear in about 4 weeks.

Lip micropigmentation enhancements normally require **multiple applications**. To achieve the best results, you will need to return for a touch-up appointment 6-12 weeks after your initial appointment.

There is a charge for each additional touch-up. Everyone's skin is different, and in some cases one procedure is enough. Some clients may need extra appointments.

Clients more likely to need extra appointments are:

- Clients whose skin types are oily, porous or sensitive.
- Clients whose skin is a darker tone.
- Clients that have medical conditions compromising their healing.
- Clients who have scarring in the lip area.

Pre-Treatment Advice:

VERY IMPORTANT: If you have a history of cold sores simplex (herpes simplex), I strongly advise to use an anti-herpes medication that can be obtained from your doctor (Zovirax). Use the medication 5 days prior to your treatment, and 5 days post treatment to reduce the risk of outbreak by 50%. Oral ant-herpes medications (available by prescription) will control the risk out out break more or less completely. Micropigmentation DOES NOT cause cold sores, however, the virus lays dormant in the nervous system and can be triggered by the treatment process.

Make sure you moisturise your lips, drink plenty of water, and avoid lips drying out, 7 days prior to your procedure.

I recommend doing a gentle lip scrub 1 week prior to your procedure. This will help achieve better results during your procedure.

DO NOT:

- Take aspirin or anti-inflammatory medication in the 2 days prior to your procedure.
- Discontinue any medication before consulting your doctor.
- Consume alcohol in the 2 days prior your treatment.
- Use AHA skincare products close to your lips or Retin A products close to the area to be treated 6 weeks prior to your procedure.
- Do professional chemical peels close to the procedure site for 4 weeks prior to your procedure.
- Fillers in the lip should be performed no less than 4 weeks prior to your procedure.
- Any lasers or hair removal around the mouth should be carried out no less than 2 weeks prior to your procedure.
- Waxing and bleaching treatments should be performed no less that 2 weeks prior to your treatment.
- Electrolysis treatments should be performed no less that 2 weeks prior to your procedure.

Thank you so much for trusting Kroh Beauty with your lips. Please follow the aftercare exactly, and you will have the best outcome. Text me with any questions:

415-819-5458 I look forward to seeing you soon :)